

# THE MILLSTONE PUBLIC HOUSE

Established  
February 7th, 2016

100% locally owned & operated

A **Public House** is a spot where friends, family and community naturally gather together, share a great meal and have a few drinks. A public place to feel at home, intentionally relaxed and comfortable, inviting you to **come as you are.**

## STARTERS

### Warm Bruschetta

Crostini slices topped with house made bruschetta and goat cheese, toasted until warm and drizzled with roasted garlic aioli and balsamic glaze. **16.95**

### Pan Seared Scallops

6 scallops pan seared in garlic butter and drizzled with a balsamic glaze. **18.95**

### Creamy Cajun Shrimp **NEW!**

6 jumbo shrimp tossed in a cajun cream sauce with red onions, fresh chopped garlic, green onions and a balsamic glaze drizzle. Served with a slice of garlic bread. **17.95**

### Mussels **NEW!**

Fresh mussels steamed in white wine, garlic and thyme. Served with garlic bread. **16.95**

### Tenderloin Steak Bites **NEW!**

Tender steak bites tossed in teriyaki sauce topped with red peppers, green onions and sesame seeds. **18.95**

### Calamari

Flash fried baby squid served with our spicy house made tomato sauce. **17.95**

### Spinach Dip

Warm creamy spinach and asiago dip served with corn chips, crostini and fresh cut veggies. **17.95**

### Deep Fried Pickles

6 pickle spears breaded and deep fried. Served with Millstone pickle dip. **11.95**

### Crispy Pulled Pork Wontons

8 deep fried wontons filled with our house made slow braised pork and BBQ sauce. Served with sweet chili cream dip. **15.95**

### Fusion Nachos

Crispy wonton chips topped with asian slaw, melted mixed cheese, chicken, pickled onions and jalapeños and drizzled with teriyaki sauce, ranch and green onions. **17.95**

### Nachos

Tortilla chips tossed in our signature Millstone spice and topped with cajun corn, caramelized onions, jalapenos, tomatoes, red peppers, sprinkled with cheese & oven baked. Drizzled with a guacamole lime sauce and served with sour cream and salsa. **19.95**

\*Add grilled chicken breast or seasoned ground beef **6.50**

\*Add guacamole **3**

\*Double the cheese **3**

### Potato Skins

House cut potato skins, fried and topped with a blend of cheeses, bacon and green onion. Served with sour cream. **18.95**

## BOWLS

### Thai Chicken

### Spinach Salad

Fresh baby spinach leaves topped with chicken, cashews, pickled red onion and goat cheese served warm with sautéed red peppers and Thai chilli vinaigrette dressing. **19.95**

### Roasted Beet & Goat Cheese Salad

Mixed greens tossed in a house made honey dijon vinaigrette with roasted beets, goat cheese, red onion and toasted crostini. **15.95**

### Seafood Chowder

A maritime favourite! Made from scratch and loaded with haddock, shrimp, scallops and mussels. Served with a warm homemade buttermilk cheese and chive biscuit. **18.95**

### Caesar Salad

Crisp romaine tossed with bacon bits, croutons, parmigiana and house made zesty garlic-caesar dressing. Starter Size **9.95** Meal Size **16.95**

### Garden Salad

A bed of Arcadian spring mix with English cucumbers, grape tomatoes and shredded carrots tossed in a maple balsamic vinaigrette. Starter Size **9.95** Meal Size **15.95**

### BBQ Pulled Pork **MUST TRY!**

### Burrito Bowl

Juicy pulled pork on a bed of basmati rice with shredded lettuce, cajun corn, maple balsamic dressing, fresh mango salsa, house made pico de Gallo, guacamole and a roasted garlic aioli drizzle, topped with fried tortilla strips. **19.95**

### Salad add-ons

Add grilled or blackened chicken **7** Add 4 seared scallops for **10**

## NON-ALCOHOLIC DRINKS

Pepsi, Diet Pepsi, 7up, Root Beer, Ginger Ale, Soda **3** (pops are refillable)

Orange Juice, Cranberry Juice, Iced Tea, Lemonade **3**

Coffee, Tea, Hot Chocolate, Apple Cider **3**

Shirley Temple **3.50**

White Milk **3**

Non Alcoholic Beer **4.50**

Lemon Thyme Refresher

House made blueberry-mint mash, lemon syrup, lemonade, soda. **6**

Blueberry Pineapple Spritz

Fresh pressed blueberry juice, fresh pressed pineapple juice, topped with soda. **6**

Pink Lemonade

Fresh pressed cranberry juice, lemonade, soda. **6**

Cranberry Apple Spritzer

Fresh pressed cranberry and apple cocktail, soda. **6**

Orange Ginger Spritz

Orange juice, propeller ginger beer, soda. **6**

Virgin Caesar

Clamato juice, Worcestershire sauce, tobacco, spices, celery salt rim. **6**

## DETAILS

If you have any dietary restrictions or would like more information about Gluten Free or Vegetarian Options please ask your server for assistance.

 Customer Favourite  GFO Gluten Free Option  GF Gluten Free

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## HANDHELDS

All burgers and sandwiches are served with fries AND choice of garden or Caesar salad.  
Or substitute both:

Spinach Salad \$3 | Onion Rings \$3 | Sweet Potato Fries \$4 | Poutine \$4.50

\*Take out orders: fries **OR** Caesar salad \*Swap any burger patty with a meatless patty.  
Just ask your server.

### Candied Bacon Burger



Hand pressed AAA beef patty with 2 slices of candied bacon, melted cheddar, crisp lettuce, fresh tomato and maple mayo served on a toasted Brioche bun. **19.95**

### The Millstone Burger



Hand pressed AAA beef patty topped with sautéed mushrooms & onions, smoked bacon, melted provolone cheese, fresh tomato, roasted garlic mayo and arugula on a toasted Brioche bun. **19.95**

### Grilled Cheese & Bacon

Sourdough bread absolutely loaded with provolone, mozzarella, cheddar cheese and bacon. Grilled to perfection. **17.95**

### The Backyard Burger



Classic seasoned hand pressed AAA beef patty with melted cheddar, crisp lettuce, fresh tomato and mayo served on a toasted Brioche bun. **18.95**

### Black Bean Burger



House made blackbean patty topped with arugula, pickled onions, goat cheese and spicy mayo on a toasted brioche bun. **18.95**

\*Vegan options available

### Louisiana Chicken Club



Blackened chicken breast topped with smoked bacon, cheddar, crisp lettuce, sliced tomato and mayo served on a ciabatta bun. **19.95**

### Buttermilk Chicken Biscuit Sliders



Our signature fried chicken topped with melted provolone, fresh arugula and crispy onion rings drizzled with sriracha mayo and served on two warm homemade buttermilk cheese and chive biscuits. **19.95**

### Tacos – Fish or Veggie

**NEW!**

Enjoy 2 warm flour tortillas with shredded lettuce, fresh mango salsa, guacamole and a zesty lime mayo. Choose from breaded haddock strips or house made black bean crumble. Served with choice of side. **18.95**

## ENTREES

### Maple Curry Chicken Penne

Penne pasta tossed with grilled chicken breast, red peppers, onions and spinach in a house infused maple curry cream sauce and sprinkled with parmesan cheese. Served with garlic bread. **23.95**

### Creamy Chicken Alfredo

Fettuccini noodles simmered in classic creamy Alfredo sauce with grilled chicken and parmesan cheese. Served with garlic bread. **21.95**

\*add cajun or pesto **1**

### Creamy Scallop Tuscana

Pan seared scallops tossed in a garlic cream sauce with bacon, sun dried tomatoes, fresh arugula and fettuccini noodles. Topped with parmesan cheese and served with garlic bread. **24.95**

### Chicken Parm



Panko breaded chicken breast topped with house made marinara and parmesan cheese. Served atop fettuccine alfredo. **22.95**

### Mushroom & Thyme Chicken



Tender chicken breast bathed in a rich garlic & thyme cream sauce with sautéed mushrooms. Served with choice of mashed potatoes or rice pilaf and seasonal vegetables. **20.95**

### Buttermilk Fried Chicken

House made buttermilk fried chicken served with fries and your choice of dipping sauce. **19.95**

### Fish and Chips



Our golden-brown, house made battered haddock served with hand cut french fries, coleslaw and tartar sauce.

1 piece. **15.95**

\*Add on an extra piece for **5**

### Millstone Signature Haddock



2 pieces of blackened or flour dusted pan fried Haddock topped with spinach, red onion and mushrooms served on a bed of mashed potatoes with a tomato cream sauce. **22.95**

### Classic Haddock Filet



Pan-fried haddock with garlic butter and a lemon wedge served with basmati rice and seasonal vegetables. **19.95**

\*try it blackened!

Let your server know.

### Wings & Fries

8 classic juicy chicken wings or breaded boneless wings, tossed in your choice of sauce: BBQ, honey garlic, buffalo, candied bacon, sweet chili, hot, medium or mild. Served with fries. **19.95**

## KIDS

Kids meals include drink & ice cream sandwich

Chicken Fingers & Fries **10.95**

One Piece Fish & Chips **10.95**

Grilled Cheese & Fries **10.95**

Mini Backyard Burger & Fries **10.95**

Linguine with Choice  
of Tomato or Alfredo Sauce **10.95**

Drinks:

Pop, Juice, White Milk & Refills **1**

Ice Cream Sandwich **1**