STARTERS

Handmade Pulled Pork Wontons
8 deep fried wontons filled with our house made slow braised pork and BBQ sauce.Served with sweet chilli cream dip **16.95**

Tenderloin Steak Bites GF
Tender steak bites tossed in teriyaki sauce and topped with red peppers, green onions and sesame seeds **18.95**

Creamy Cajun Shrimp GFO
6 jumbo shrimp tossed in a cajun cream sauce with red onions, fresh chopped garlic, green onions and a balsamic glaze drizzle. Served with a slice of garlic bread **18.95**

Potato Skins GF*
House cut potato skins, deep fried and topped with a blend of cheeses, bacon and green onions. Served with sour cream **19.95**

Warm Bruschetta
Crostini slices topped with house made bruschetta and goat cheese, toasted until warm and drizzled with roasted garlic aioli and balsamic glaze **16.95**

Fusion Nachos
Crispy wonton chips topped with asian slaw, melted mixed cheese, chicken, pickled onions and jalapeños and drizzled with teriyaki sauce, ranch and green onions **17.95**

Wings GF*
A pound of classic juicy chicken wings or breaded boneless wings, tossed in your choice of sauce: BBQ, honey garlic, buffalo, candied bacon, sweet chili, hot, medium or mild **19.95**

Deep Fried Pickles
6 pickle spears breaded and deep fried. Served with Millstone pickle dip **12.95**

Nachos GF*
Tortilla chips tossed in our signature Millstone spice and topped with cajun corn, caramelized onions, jalapeños, tomatoes, red peppers, sprinkled with cheese & oven baked. Drizzled with a guacamole lime sauce - served with sour cream & salsa **19.95**

* Add grilled chicken breast or seasoned ground beef **7**
* Add guacamole **3**
* Double the cheese **5**

Spinach Dip GFO
Warm creamy spinach and asiago dip served with corn chips, crostini and fresh cut veggies **19.95**

BOWLS

Roasted Beet & Goat Cheese Salad GFO
Mixed greens tossed in a house made honey dijon vinaigrette with roasted beets, goat cheese, red onion and toasted crostini **16.95**

Garden Salad GF
A bed of Arcadian spring mix with grape tomatoes, cucumber and shredded carrots tossed in a maple balsamic vinaigrette

Starter Size **9.95**
Meal Size **15.95**

Thai Chicken GF Spinach Salad
Fresh baby spinach leaves topped with chicken, cashews, pickled red onion and goat cheese served warm with sautéed red peppers **19.95**

Caesar Salad GFO
Crisp romaine tossed with bacon bits, croutons, parmigiana and house made zesty garlic-caesar dressing.

Starter Size **10.95**
Meal Size **16.95**

Salad add-ons
Add grilled or blackened chicken **7**
Add 4 pan seared shrimp **10**

Seafood Chowder
A maritime favourite! Made from scratch and loaded with haddock, shrimp, scallops and mussels. Served with a warm homemade buttermilk cheese and chive biscuit **19.95**

BBQ Pulled Pork Burrito Bowl
Juicy pulled pork on a bed of basmati rice with shredded lettuce, cajun corn, maple balsamic dressing, fresh mango salsa, house made pico de Gallo, guacamole and a roasted garlic aioli drizzle, topped with fried tortilla strips **19.95**

A Public House is a spot where friends, family and community naturally gather together, share a great meal and have a few drinks. A public place to feel at home, intentionally relaxed and comfortable, inviting you to **come as you are.**

100% locally owned & operated
Established 2016

HANDHELDS

All burgers and sandwiches are served with fries **AND** choice of garden or Caesar salad.

Or ***substitute both***:

Onion Rings **$3** Sweet Potato Fries **$4** Poutine **$4.5** Spinach Salad **$3**

***Take out orders: fries OR Caesar salad**

*Swap any burger patty with a black bean patty - just ask your server!

The Millstone Burger GFO

Hand pressed AAA beef patty topped with sautéed mushrooms & onions, smoked bacon, melted provolone cheese, tomato, roasted garlic aioli and arugula on a toasted brioche bun **20.95**

Grilled Cheese & Bacon

Sour dough bread with provolone, mozzarella, cheddar cheese and bacon - grilled to perfection **18.95**

Black Bean Burger GFO

House made black bean patty topped with arugula, pickled onions, goat cheese and spicy mayo on a toasted brioche bun **18.95**

Candied GFO Bacon Burger

Hand pressed AAA beef patty with 2 slices of candied bacon, melted cheddar, crisp lettuce, fresh tomato and maple mayo on a toasted brioche bun **21.95**

The Backyard Burger GFO

Hand pressed AAA beef patty topped with melted cheddar cheese, crisp lettuce, fresh tomato and mayo on a toasted brioche bun **19.95**

Louisiana GFO Chicken Club

Blackened chicken breast topped with smoked bacon, cheddar cheese, crisp lettuce, sliced tomato and mayo served on a toasted ciabatta bun **19.95**

Hot Honey Chicken Sandwich

Crispy buttermilk fried chicken smothered with house made hot honey sauce, topped with sweet chilli slaw and crunchy pickles on a toasted brioche bun **19.95**

Tacos - Fish or Veggie

2 warm flour tortillas with shredded lettuce, fresh mango salsa, pico de Gallo, guacamole and a zesty lime mayo.

Choose from: breaded haddock strips or black bean crumble **18.95**

ENTREES

Maple Curry Chicken Penne

Penne tossed with grilled chicken breast, red peppers, onions and spinach in a house infused maple curry cream sauce - finished with parmesan and a slice of garlic toast **23.95**

Mushroom & Thyme Chicken GFO

Tender chicken breast bathed in a rich garlic & thyme cream sauce with sautéed mushrooms. Served with choice of mashed potatoes or rice pilaf and seasonal vegetables **22.95**

Fish & Chips

Our golden brown house made battered haddock served with hand-cut fries, coleslaw & tartar sauce **16.95**

add an extra piece for **5*

Creamy Chicken Alfredo

Fettuccini simmered in a classic creamy Alfredo sauce with grilled chicken - finished with parmesan and a slice of garlic toast **23.95**

add cajun or pesto **1*

Chicken Curry GFO

Sautéed chicken breast, onions and peppers in a creamy house made Indian curry sauce. Served with rice pilaf, sour cream drizzle & garlic butter naan **22.95**

Millstone Signature Haddock GFO

Pan fried blackened or flour dusted haddock topped with spinach, red onion and mushrooms - served on a bed of mashed potatoes with a tomato cream sauce **23.95**

Creamy Shrimp Tuscana

Pan seared shrimp tossed in a garlic cream sauce with bacon, sun dried tomatoes, fresh arugula and fettuccine - finished with parmesan and a slice of garlic toast **24.95**

Chicken Tenders

5 crispy chicken tenders served with choice of side & dipping sauce **18.95**

Buttermilk Fried Chicken

House made buttermilk fried chicken served with choice of side & dipping sauce **19.95**

Classic Haddock GFO

Pan fried haddock with garlic butter and a lemon wedge served with rice pilaf and seasonal vegetables **21.95**

*try it blackened!

DETAILS

If you have any dietary restrictions or would like more information about Gluten Free or Vegetarian Options please ask your server for assistance.